Please tick, circle or mark the scale.

How was the therapist at…

1. making you feel happy and relaxed?
   (being friendly and caring and making you feel calm)
   - not very good
   - ok
   - good
   - very good
   - excellent
   - does not apply

2. asking questions and letting you talk?
   (being interested in you and giving you time to speak)
   - not very good
   - ok
   - good
   - very good
   - excellent
   - does not apply

3. listening and understanding?
   (paying attention and knowing the things you find difficult)
   - not very good
   - ok
   - good
   - very good
   - excellent
   - does not apply

4. explaining things?
   (answering questions, giving you clear information and instructions)
   - not very good
   - ok
   - good
   - very good
   - excellent
   - does not apply

5. making a plan?
   (encouraging you, talking about what to do next, involving you as much as you want)
   - not very good
   - ok
   - good
   - very good
   - excellent
   - does not apply

If you would like to explain any of your answers, please use the space overleaf.